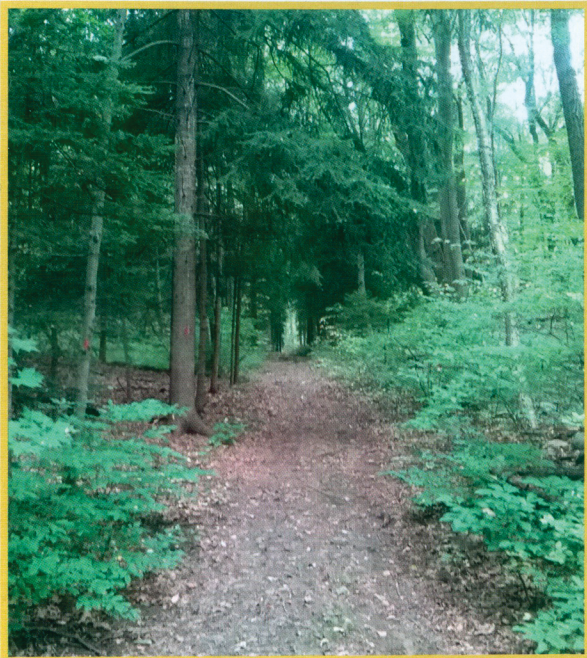


### Swamp Trail

Red • 0.5 miles • Hiking  
Easy • Wide wooded trail

**Trailhead** Notch parking lot next to camping area restrooms. **Swamp Trail** begins on a gravel road up a short hill sharing the path with Summit Trail for 500 feet. Swamp Trail continues in a northeast direction through the forest along a flat, wide trail. It ends near campsites and the intersection with Spring Trail.



Explore Trail Tracker  
The Interactive Trails  
Map of NJ State Parks



This brochure was funded by the NJDEP and  
the FHWA Recreational Trails Program.



### TRAIL SENSE AND SAFETY

**Trail Markings:** Official trails are marked by colored blazes on posts and trees. On the map, connector trails are tan-colored lines. For habitat protection and your safety, please stay on the trails and do not alter trail markings or create new trails.

**Preparations:** Consider bringing water, snacks, sunscreen, insect repellent, and a hat. Dress for the weather. Tell someone where you plan to go and when you will return.

**Hunting:** Sections are open to hunting. Bright orange clothing is recommended during hunting season.

**Pets:** All pets must be on a leash (maximum 6 feet) and under the physical control of the owner at all times. Please clean up after your pets.

**Carry-in/Carry-out:** Help keep the park clean and beautiful by carrying out your trash.

**Tick Protection:** Bring insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower, and launder clothes immediately.

**Bear Aware:** Bears are active in this area. Do not approach them. Bear sightings should be reported to the State Park Police (1-877-927-6337) or to the park office.

**Park Office Phone:** (908) 459-4366

#### Emergency Numbers:

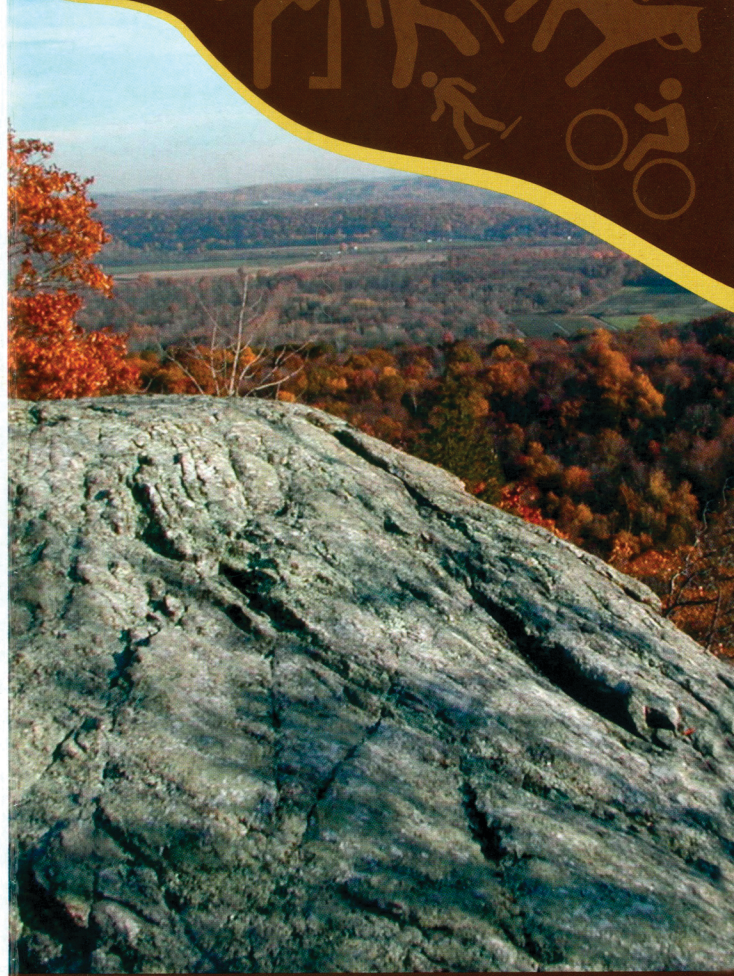
1-877-WARN-DEP (1-877-927-6337) or 911

#### Jenny Jump State Forest

330 State Park Road  
P.O. Box 150  
Hope, NJ 07844  
(908) 459-4366

# TRAILS

## of Jenny Jump State Forest



State of New Jersey  
Department of Environmental Protection  
**Division of Parks and Forestry**  
State Park Service  
njparksandforests.org

TS 1/19

### TRAILS OF JENNY JUMP STATE FOREST

There are 7 official trails within Jenny Jump State Forest. Most of the trails are located near the camping area at the northern end of the forest. One trail is located in the southern portion of the forest and travels the hillsides around Mountain Lake. Jenny Jump Trail, the longest trail, traverses Jenny Jump Mountain.

#### Ghost Lake Trail

Blue • 1.8 miles • Hiking  
Easy • Trail across hillsides above Ghost Lake

**Trailhead** Parking pull-off on west side of Shades of Death Road. **Ghost Lake Trail** heads south from Ghost Lake on a gravel road and turns west into the forest. The trail curves along the south side of the lake, crosses an earthen dam, then proceeds uphill on a rocky two-track. Ghost Lake Trail continues west climbing a broad hillside among hardwood trees and large boulder piles. The trail flattens and turns north for 0.25 miles until it turns back to the south. Nearing the top of a ridgeline, the trail passes a clearing and the remains of an old building with scenic views to the east. After passing the scenic overlook, the trail turns west again and makes another steep climb up a hillside to reach a ridge. The trail continues to wind through a rocky forest and intersects with Summit Trail.



#### Jenny Jump Trail

Light blue • 8.6 miles • Hiking  
Moderate • Cross country trail through forest

**Trailhead** State Park Road southwest of the park office. **Jenny Jump Trail** is the longest trail in the forest. Starting from State Park Road south of the park office, the trail travels south along a series of ridgelines of the Jenny Jump Mountains. At Lake Just-It, the trail turns west and intersects with Mountain Lake Trail. Turning south again, the trail ends as it leads onto Mountain Lake Road.

#### Mountain Lake Trail

Yellow • 0.5 miles • Hiking  
Moderate • Trail leads uphill from Mountain Lake

**Trailhead** Parking pull-off on Lakeside Drive North. **Mountain Lake Trail** begins next to a spring house and travels north from the road on single-track. As it continues uphill, the trail stays within a shallow creek ravine until joining with Jenny Jump Trail.



#### Orchard Trail

White • 0.75 miles • Hiking  
Easy • Trail along meadow edge

**Trailhead** East Road near camping area. **Orchard Trail** leaves East Road and heads downhill on a single-track trail. As the trail begins to flatten out, it follows a forested edge next to a large open meadow. Continuing southwest along the forest edge, the trail first joins with a wide gravel road, then joins with State Park Road near the forest office.

#### Spring Trail

Dark blue • 0.85 miles • Hiking  
Moderate • Forested trail along hillside

**Trailhead** Notch parking lot. **Spring Trail** begins on a gravel road next to a spring house. After 200 feet, the trail narrows to single-track. Spring Trail travels parallel to and downhill from Summit Trail for most of its length. As it continues along the hillside, the trail passes among large boulder piles. Turning northwest, it begins a short, steep ascent to the ridgeline and intersects with Summit Trail. Spring Trail descends and ends where it joins with Swamp Trail.



#### Summit Trail

Yellow • 1.4 miles • Hiking  
Moderate • Trail along ridgeline

**Trailhead** Notch parking lot next to camping area restrooms. **Summit Trail** begins on a gravel woods road and travels up a short hill sharing the path with Swamp Trail for 500 feet. Summit Trail turns to a dirt woods road and turns right at the trail juncture to begin a gradual climb on a rocky two-track. The trail begins to flatten as it reaches the ridgeline with scenic views to the east and west. At the north end of the ridgeline, Summit Trail crosses Spring Trail and continues north along the forest boundary. At its northernmost point, Summit Trail intersects with Ghost Lake Trail near East Road.



# JENNY JUMP State Forest



Open Field or Grass

Forest

Developed Area

Water

Wetland

Ghost Lake Trail (1.8 mi)

Jenny Jump Trail (8.6 mi)

Mountain Lake Trail (0.5 mi)

Orchard Trail (0.75 mi)

Spring Trail (0.85 mi)

Summit Trail (1.4 mi)

Swamp Trail (0.5 mi)

Trail Connector

Campground

Camp Shelters

Canoeing

Drinking Water

Fishing

Group Campground

Observatory

Park Office

Parking Lot

Parking (Pull Off)

Picnic Area

Playground

Restrooms

Scenic View

Shower